

Swimming Pool Timetable from Monday 29th October to Sunday 23rd December 2018

	06.30 - 08.30	08.30 - 12.00			12.00 - 14.00	13.15-14.15	14.00-17.00	15.15-16.45		17.00 - 19:00	19.00 - 21:00	
Monday					Lunchtime Swim	*St Georges NPLQ - 1 lane			Junior Swimming Lessons	Adult Members		
Tuesday			St Georges, starts on 13th November		Lunchtime Swim				Adult Members			
Wednesday					Lunchtime Swim				Adult Members			
Thursday				Aquafit					Adult Members			
Friday			**Royal Blind School 2 lanes						Adult Members			
Saturday			Junior Swimming Lessons						Adult Members			
Sunday	Lane Swim			Family Swim				Private Hire				

- Members' Swimming** Access to all Full Members Only (Juniors and Adults only).
- Members' Swimming** Access to all Members (Juniors, Adults and Senior Citizens).
- Lunchtime Swim** Access to all Members (Juniors, Adults and Senior Citizens). Juniors must be accompanied by a Full Adult Member.
- Adult Members** Access to Full Adult Members Only (over 18's only).
- Lane Swim** Lane swimming only (No Rings or Trapeze permitted at this time). Juniors must be accompanied by an adult and participating in lane swimming.
- Private Hire** Pool hall available for hire to members every Sunday. During private hire the poolside will be closed to all members.
- Club Activities** Club Activities have SHARED use of the pool hall (usually 2 lanes, with the exception of Swimming Lessons).
- Schools Usage** During this time school will have exclusive use of the pool hall for the duration of their visit (the upstairs sauna will be mixed use during this time)
- Juniors Depart** Juniors and Senior Citizen members must leave the pool at 16:45 prior to a Adult Members Session.
- Family Swim** Strictly for use by families (or those accompanying Juniors) only during this time.
- Exiting the building** All Members are requested to have left the building by 21.15 Weekdays & 20.15 Weekends

* One lane every second week.

** 2 lanes every Friday morning, excluding 19th October