

Swimming Pool Timetable from Monday 6th January 2020 to Sunday 5th April 2020

	06.30 - 08.30	08.30-12.00		12.00-14.00	13.15-14.15	14.15-16.45		17.00 - 19.00	19.00 - 21.00		
Monday				Lunchtime Swim	*St Georges NPLQ	Junior Swimming Lessons		Adult Members			
Tuesday			St Georges		Lunchtime Swim			Adult Members	Adult Lessons		
Wednesday			**St Georges NPLQ			Lunchtime Swim			Adult Members		
Thursday				Aquafit			Lunchtime Swim			Adult Members	
Friday				Lunchtime Swim				Adult Members			
Saturday			Junior Swimming Lessons						Adult Members		
Sunday	Lane Swim		Family Swim				Private Hire				

- Members' Swimming**

Access to all Full Members Only (Juniors and Adults only).
- Members' Swimming**

Access to all Members (Juniors, Adults and Senior Citizens).
- Lunchtime Swim**

Access to all Members (Juniors, Adults and Senior Citizens). Juniors must be accompanied by a Full Adult Member.
- Adult Members**

Access to Full Adult Members Only (over 18's only).
- Lane Swim**

Lane swimming only (No Rings or Trapeze permitted at this time). Juniors must be accompanied by an adult and participating in lane swimming.
- Private Hire**

Pool hall available for hire to members every Sunday. During private hire the poolside will be closed to all members.
- Club Activities**

Club Activities have SHARED use of the pool hall (usually 2 lanes, with the exception of Swimming Lessons).
- Schools Usage**

During this time school will have exclusive use of the pool hall for the duration of their visit (the upstairs changing area will be mixed use during this time)
- Juniors Depart**

Juniors and Senior Citizen members must leave the pool at 16:45 prior to a Adult Members Session.
- Family Swim**

Strictly for use by families (or those accompanying Juniors) only during this time.
- Exiting the building**

All Members are requested to have left the building by 21.15 Weekdays & 20.15 Weekends

* St Georges NPLQ - 1 lane every second Monday. Starting 27th January

** St Georges NPLQ - 1 lane every second Wednesday. Starting 22nd Jan